WEEKLY BULLETIN

Friday 12th June

Nursery

Reception

TIME AND TIDE VISIT- 2 Experts from The Tide and Time Museum will be visiting school on Tuesday 7th July. For more details and cost of the visit please see the letter in the separate email that was sent out regarding the visit.

Year 1

Year 2

DISNEY SWIMMING- Reminder to have your swimming kit ready for Monday 15th , 22nd , 29th June and 6th July.

HAUTBOIS CONSENT- Please make sure medical and consent forms are completed and handed in to class teachers.

YEAR 2 LEAVERS ASSEMBLY- Reminder that the leavers assembly is on Friday 17th July at 1:30pm and a polite notice that it is two adults per child for fire safety reasons.

Main school

NON-UNIFORM DAY- On Friday 19th June, children are welcome to come to school in non-uniform in exchange for a tombola prize for FOSSAFEST. Non uniform is optional and children can still come to school in uniform.



SPORTS DAY REMINDER- Sports day is Friday 26th June and parents are invited to come along to the morning session beginning at 9.15am and support the children with lots of enthusiasm and your loudest cheers! Feel free to stay after drop off to get a good space. Doing the races in the morning, means it will be cooler for the children and families, and it means we then have more flexibility in the afternoon if it gets too hot.

In anticipation of hot, sunny weather, please ensure that your child brings a water bottle and a sunhat for the day. Please ensure that your child is wearing sun-cream, and that this is applied before they come to school. Please bring them to school in their PE kits.



The reserve date for our Sports Day will be Monday 29th June if there is a washout.

BIRDS OF DEREHAM- Ordering uniform to school has free delivery! For delivery to school week commencing Monday 13th July please order by Friday 10th July. Free to school ordering will then re-open Monday 7th September 2026, for delivery out to school week commencing 14th September.

SUMMER REMINDERS- now the warmer weather is here, please ensure that sun hats are brought in every day. Sun cream should be applied before school and if cream needs to be reapplied during the school day, please label the bottle with your child's name and class. Sun cream cannot be shared between children, and staff are unable to administer sun cream but can offer guidance. Raincoats/jackets are also advised in case of unexpected showers!

KARATE CLASSES SEPTEMBER- Martial Arts East will be continuing their Karate Class on a Monday in September. Please see the poster in advertisements for more details and how to book.

PREMIER HOLIDAY CAMP- Due to building work in the summer holidays Premier will be running their holiday camp at Sprowston High school. Please see their advert in the Premier section of this bulletin for more details and how to book.

Attendance

- It can be tricky deciding whether or not to keep your child off school so you can always check the NHS website- Is my child too ill for school? https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/ for additional support and information about school attendance you can visit Just One Norfolk JustOneNorfolk-Attendance
- Reminder that if your child experiences sickness or diarrhoea, they cannot return to school until 48 hours after the last episode of sickness/diarrhoea. Absences must be reported by our absence line by 9.00 am each day your child is absence from school (01603 406406 option 1) Please do not send absences messages on Tapestry or email.

What's coming up soon:

Aspiration Day- Wednesday 24th June

Sports Day and FOSSAFEST 26- Friday 26th June

New Reception intake Open Evening- Tuesday 30th June

Reception Presentation- Wednesday 1st July 2:30pm

Year 1 Presentation- Thursday 2nd July 2:30pm

Year 2 Hautbois Residential – Tuesday 14th -Wednesday 15th July

For all calendar dates please see the website: Sparhawk Calendar – Click link to full calendar if you cannot see future dates

Friends of Sparhawk School Association
Registered Charity Number 1096703

FOSSA 2026 Challenge has been extended to Friday 3rd July!

CHECK OUT THE FOSSA Challenge booklet attached to this bulletin email to see everyone's fundraising efforts so far.

ADD TO YOUR CLASS TOTAL:

Mcnuff- Donate to McNuff

Backshall: Donate to Backshall

Earhart: Donate to Earhart

Attenborough: Donate to Attenborough

Disney: Donate to Disney

Wiltshire: Donate to Wiltshire











No template needed! Children can fill a A4 sheet of paper!

New! Book today:
[After school Football Club]

Premier Education



FOOTBALL CLUBS AT YOUR SCHOOL!

Venue:	Sparhawk Infants School
Dates:	Fridays W/c 1st June - W/e 10th July
Times:	15:00 - 16:00
Price:	Just £6.60 per session!
Ages:	R-Y2
Additional info:	

Adored by millions of fans and loved by children across the country, football is our most popular extracurricular club activity.

Every single one of our school club sessions are delivered by highly-trained activity professionals, who look to share their passion and energy for sports and activity.

Book now for an extracurricular club they will never forget.

> The coaches are fantastic. We have been to other football clubs but we feel this one is the best!
>
> Faye - Parent

CLUBS ARE BETTER WITH FRIENDS!

TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

*Ts&Cs apply. Refer a Friend discount on new bookings only.

Premier Education



Premier Education

Paying for Wraparound Care (WAC)
with Tax-Free Childcare

Setting Name & Address
Sparhawk Infant & Nursery School
Sparhawk Avenue
Norwich
NR7 8BU

Ofsted Registration Number 2578983

List the provider's that we are registered with and relevant information

HMRC Childcare Choices
Eden Red
Computershare
Care4
Childcare Grant Service
Kiddivoucher

For any childcare voucher related queries or if you need us to register with a provider that is not registered at the setting please email our Finance Coordinator, Diane Warner: dwarner@premier-education.com





Advertisements:

MARTIAL ARTS EAST



KARATE CLASSES

We have after-school Karate classes available at Sparhawk School. This 12 week course is suitable for both beginners and students who have already trained in Karate.

Our team of experienced Black Belt instructors are fully qualified, fully insured, DBS checked and first aid trained.

We make sure our classes are fun, safe and an inclusive environment for all

Karate classes at
Sparhawk Infant School

will run on a
Monday from 3pm - 3:45pm

on the following dates:
7th, 14th, 21st & 28th September
5th, 12th, 19th October
2nd, 9th, 16th, 23rd & 30th November

The cost of the course is £96 (£8 Per Session) for 12 weeks of Karate training lessons. Please contact info@martialartseast.co.uk by Tuesday 1st September to make payment, book and give student details.

There is an additional Karate grading cost of £35 at the end of the term. This is **not** compulsory for course participants. The grading will be on the 7th December and you will be made aware if your child is ready. Further information to follow at a later date

Please Note: The grading is for graders only.

Terms and Conditions
The place on the course is only confirmed when it is paid for. Once the course has started, no refunds will be given for any payments that have been made. If you cancel your child's place on the course before the 1st week, or for any reason Martial Arts East have to cancel the course, a full refund will be issued.

07540 842889
info@martialartseast.co.uk
www.martialartseast.co.uk



The Benjamin Foundation
Positive outcomes for children, young people & families

Carers Matter Norfolk
The CARE Federation
Sparhawk Infant and Nursery

Young Carers Parent Workshop

Wednesday 17th June

2:45pm to 3:30pm

Sparhawk Infant and Nursery, NR7 8JE

Support available from your area Young Carers Education and Community Worker Rowena Cove, explaining the support available in your schools and local communities for Young Carers and their families



- Information available on local Young Carer groups and activities
- Information available about signposting for family support, eligibility for grants, housing and adaptions and one-to-one support through Carers Matter Norfolk

If you would like to attend please inform the school office: officesp@carefed.org.uk with the heading 'Young Carers Parent Workshop'.

The Benjamin Foundation

ACTIVITIES
FOR YOUNG CARERS

SUMMER 2026

29 JULY — 10am to 1.30pm — For ages 5-17yrs
CARLTON MARSHES
Including pond dipping, den building, woodland activities & children's play area.

12 AUG — 10am to 1.30pm — For ages 5-17yrs
NORWICH CASTLE
A tour of the castle exploring the exhibitions

19 AUG — 10am to 3pm — For ages 8-17yrs
SAILING @ LUDHAM
A day split between being out on the water sailing and exploring the boat yard at Hunter's Yard, Ludham

SCAN QR CODE TO REGISTER

COMPLETING THE FORM IS NOT A GUARANTEE OF A SPACE. YOU WILL BE CONTACTED BY WEDS 8TH JULY CONFIRMING WHETHER YOU HAVE RECEIVED A SPACE OR NOT. TRANSPORT IS NOT PROVIDED.

For more information please email youngcarers@benjaminfoundation.co.uk

NHS

Norfolk Healthy Child Service

Are you the parent or carer of a child or a young person aged 5 to 19 (19-24 with an Education, Health and Care Plan)?

Our school nurses work across education and health. They provide a link between school, home and community. This includes children and young people educated at home and in alternative settings.

Our aim is to improve the health and wellbeing of children and young people in these six areas:

- Relationships and sexual health
- Drugs and alcohol
- Smoking and vaping
- Oral health
- Living a healthy lifestyle
- Emotional wellbeing, resilience and self-care

Our school nursing team also provide:

- Hearing and vision screening - reception
- Measurement for height and weight - reception and Year 6

Speak to the school nursing team:



Call Just One Number on 0300 300 0123
Text Parentline on 07520 631590

To find out more visit www.justonenorfolk.nhs.uk or for young people aged 11-19 visit www.fyinorfolk.nhs.uk

Supporting every child, young person and family in Norfolk to flourish

Commissioned by Public Health, Norfolk County Council and provided by Cambridgeshire Community Services NHS Trust

Anguish's Educational Foundation

Help with the cost of School Uniforms



ID 17266949 © Stockdesign | Dreamstime.com

Do you need help with the cost of school uniforms for the new school year starting this September?

Do you live in the City of Norwich, Catton, Corpusty, Costessey, Hellesdon, Sprowston or Thorpe St Andrew?

Apply now

Due to high demand, applications received after 31st July may not get processed before the new school year starts.

Contact us to find out if we can help you.
Email us: info@norwichct.org.uk
Or telephone and leave your name: 01603 621023
One of our friendly team will get back to you.

ANGUISH'S EDUCATIONAL FOUNDATION

Kids flourish — Norfolk County Council

Norfolk Parent Carer Service

Summer Term Online Workshops

Eating Challenges Sunday 17th May 2pm - 4pm
Neurodivergent Teen Monday 1st June 10.30am - 12.30pm
Eating Challenges Friday 5th June 11am - 1pm
Neurodivergent Teen Sunday 7th June 2pm - 4pm
Sleep Challenges Wednesday 10th June 10.30am - 12.30pm
Parental Resilience Sunday 21st June 2pm - 4pm
Parental Resilience Wednesday 24th June 11am - 1pm
Managing Challenging Behaviours Friday 3rd July 11am - 1pm
Sleep Challenges Sunday 5th July 2pm -4pm
Managing Challenging Behaviours Sunday 19th July 2pm - 4pm

Scan here for booking form:

Join us online - just scan the code and choose your dates!

Email sally.macgregor@kids.org.uk for more info



Kids flourish — Norfolk County Council

Dad's Time!

Are you a dad, stepdad, grandad or male carer for a young person (0-18 years) with SEND?

Then this is for you!
Come and join us at Albion Games Cafe in Norwich for a drink, gaming and connection with other parent carers.

Tuesday 16th June
7:30pm-9pm

Albion Games Cafe
21 St Benedicts Street
Norwich, NR2 4PF

Email hayley.huckle@kids.org.uk for more info

Kids Disabled children say we can

Norfolk Parent Carer Service

What's On In June

Online Workshops

Join us online for these free workshops:

Eating Challenges
Neurodivergent Teens
Sleep Challenges
Parental Resilience
Behaviours that Challenge

Scan here to book onto our online workshops

Long Stratton Coffee and Connect

Wednesday 3rd June
10am - 12pm

Join us for a free event where we have a cuppa and discuss your wellbeing

Family Hub
Manor Road
Long Stratton
NR15 2XR

Email: **grace.hillard@kids.org.uk**

North Walsham Coffee and Connect

Friday 19th June
10:30am - 12:30pm

Join us for cuppa and a catch up

Family Hub
Manor Road
North Walsham
NR28 9HG

Email: **natalie.tagg@kids.org.uk**

Kings Lynn Coffee and Connect

Monday 22nd June
10:30am - 12:30pm

Join us for cuppa and a wellbeing check in

St Augustine's Healthy Living Centre,
Columbia Way, King's Lynn, PE30 2LB

Email: **sally.macgregor@kids.org.uk**

Scan here to join our Facebook community!

flourish

Norfolk County Council

Kids Disabled children say we can

Norfolk Parent Carer Service

What's On In June

Sprowston Coffee and Connect

Learning Disability Nurse Guest Speaker
Wednesday 3rd June
10:30am - 12:30pm

Autism Anglia Guest Speaker
Wednesday 17th June
10:30am - 12:30pm

Viking Centre, Tills Road
Sprowston, NR6 7QZ
hayley.huckle@kids.org.uk

Great Yarmouth Drop-In with Grace

Monday 15th June
10am - 12pm

Join us for a relaxed cuppa and chat session. Places are limited so please email **grace.hillard@kids.org.uk** for more info

Dad's Time!

Tuesday 16th June
7:30pm - 9:00pm

Are you a dad, stepdad, grandad or male carer for a young person (0-18 years) with SEND?
Then this is for you!
Come and join us at Albion Games Cafe in Norwich for a drink, gaming and connection with other parent carers.

Albion Games Cafe
21 St Benedicts Street
Norwich, NR2 4PF

Email: **hayley.huckle@kids.org.uk**

Thetford Coffee and Connect

Wednesday 17th June
10:30am - 12:30pm

Join us for cuppa and a chat about sleep challenges

Family Hub
Kingsway
Thetford
IP24 3DY

Email: **sally.macgregor@kids.org.uk**

Scan here to join our Facebook community!

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Norfolk County Council