WEEKLY BULLETIN

Friday 26TH June

Main School Reminders

- **BIRDS OF DEREHAM-** Ordering uniform to school has free delivery! For delivery to school week commencing Monday 13th July please order by Friday 10th July. Free to school ordering will then re-open Monday 7th September 2026, for delivery out to school week commencing 14th September.
- **SUMMER REMINDERS-** now the warmer weather is here, please ensure that sun hats are brought in every day. Sun cream should be applied before school and if cream needs to be reapplied during the school day, please label the bottle with your child's name and class. Sun cream cannot be shared between children, and staff are unable to administer sun cream but can offer guidance. Raincoats/jackets are also advised in case of unexpected showers!
- **KARATE CLASSES SEPTEMBER-** Martial Arts East will be continuing their Karate Class on a Monday in September. Please see the poster in advertisements for more details and how to book.
- **ORDERING LUNCHES-** A reminder that orders have to be placed by midday the Friday before the following week. To help prevent food waste, please do not order your child lunches if you know they are going to be absent (on holiday)

Upcoming Events

New Reception intake Open Evening- Tuesday 30th June

Reception Presentation- Wednesday 1st July 2:30pm

Year 1 Presentation- Thursday 2nd July 2:30pm

Year 2 Hautbois Residential – Tuesday 14th -Wednesday 15th July

For all calendar dates please see the website: Sparhawk Calendar – Click link to full calendar if you cannot see future dates

Monday 29th is Sports Day

Sports day is Monday and parents are invited to come along to the morning session beginning at 9.15am and support the children with lots of enthusiasm and your loudest cheers! Feel free to stay after drop off to get a good space. Doing the races in the morning, means it will be cooler for the children and families, and it means we then have more flexibility in the afternoon if it gets too hot.



In anticipation of hot, sunny weather, please ensure that your child brings a water bottle and a sunhat for the day. Please ensure that your child is wearing sun-cream, and that this is applied before they come to school. Please bring them to school in their PE kits.

Atttendance

- It can be tricky deciding whether or not to keep your child off school so you can always check the NHS website- Is my child too ill for school? https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/ for additional support and information about school attendance you can visit Just One Norfolk JustOneNorfolk-Attendance
- Reminder that if your child experiences sickness or diarrhoea, they cannot return to school until 48 hours after the last episode of sickness/diarrhoea. Absences must be reported by our absence line by 9.00 am each day your child is absence from school (01603 406406 option 1) Please do not send absences messages on Tapestry or email.

FOSSA

Friends of Sparhawk School Association

FOSSA 2026 Challenge has been extended to Friday 3rd July!
Check out the FOSSA Page for all the latest

New Free School Meals Form

From September the criteria for Free School meals is changing meaning more families will be eligible. Please see the form in your childs book bag or after the Class Bulletins for more details. Please could all parents complete the form either online or via your paper copy (and return to school) by 10th July it would be much appreciated.

CLASS BULLETINS

Latest Updates for your Year Group

Nursery



Please see the Famly app for Open Evening details.



Reception





TIME AND TIDE VISIT AND PAYMENT– If you haven't made payment for the visit into school, you can do so on the Teachers 2Parents app. The visit may not go ahead if there are insufficient funds.

Year 1





No current Updates



Year 2





- **DISNEY SWIMMING–** Reminder to have your swimming kit ready for Monday 29th June and 6th July. Disney will still swim on Monday and be participating in sports day first.
- **HAUTBOIS CONSENT–** Please make sure medical and consent forms are completed and handed in to class teachers.
- **YEAR 2 LEAVERS ASSEMBLY–** Reminder that the leavers assembly is on Friday 17th July at 1:30pm and a polite notice that it is two adults per child for fire safety reasons.

Norfolk County Council

Free School Meals application

Applying online

www.norfolk.gov.uk/freeschoolmeals

The easiest and quickest way to apply is online via NorfolkEducation Online (NEO). Scan the code or visit the link and click ‘Apply forfree school meals’.

Introduction

Dear parent or guardian,

We want to make sure that we are providing your child with the best education and support we can. Healthy school food can help pupils establish healthy habits for life and help improve pupils’ readiness to learn. You may qualify for Free School Meals (FSM) and other help if you receive certain benefits or support. There are two types of entitlement:

- **Targeted**: you receive Universal Credit and earn under £7,400 a year or another qualifying benefit: your children are entitled to FSM and extra support for their school
- **Expanded**: you receive Universal Credit and earn above £7,400: your children are entitled to FSM only

All children attending Reception,Year1andYear2automatically receive Universal Infant Free School Meals (UIFSM).Ifyouthinkyoumightbe eligible for FSM, you should still apply as you may be able tohelpyourchild’sschoolget extra funding.

If your children attend differentschools,applyseparately to each. You do not need to reapply, as we will recheck eligibilitybeforethestartof each school year. If your child moves or your situation changes, contactusortheschool.

The information collected in thisformallowsustoassess your eligibility. We are committed to ensuring that the personal andsensitiveinformation that we hold about you is protected and kept safe and secure, andwehavemeasuresinplace to prevent the loss, misuse or alteration of your personal information.Theinformation may also be shared with other County Council departments toofferbenefitsandservices.

Please complete all sections onthenextpageinblock capitals.

Published: May 2026

Parent or guardian details

	Parent or guardian 1	Parent or guardian 2
Last name		
First name		
Date of birth (DD/MM/YY)		
National Insurance number		
Asylum support reference number		
Telephone		
Mobile number		
Email address		
Address	Postcode:	Postcode:

About your child or children

Child's last name	Child's first name	Child's date of birth (DD/MM/YY)	Name of school

Declaration

By signingbelow,Iconfirm thatIallow the useofthe data in this form for the purpose of checkingwhethermychildrenareentitled toFSM,including future annual rechecks. I allow the sharingoftheabove datawiththe schoolsmychildren attend and within County Council departmentstohelpoffer anyotherbenefitsandservices.

Signature **Date (DD/MM/YYYY)**

Submission

Submit your form by email to fsm@norfolk.gov.uk, to your school or by post to: Free School Meals, Norfolk County Council, County Hall, Norwich, NR1 2DH

Published: May 2026

NURSERY OPEN EVENING

Sparhawk Nursery
E-mail: sparhawk@steppingstonesdaynursery.org
Telephone: 01603 320724

Our Nursery

Our Open Day

We are pleased to announce that we will be holding an Open Evening on Tuesday 30th June from 5.00pm - 6.00pm to discuss our exciting developments from September 2026. This will be through a tour of our current nursery space followed by a presentation and discussion in the hall of our new expansions from September 2026.

We are incredibly pleased to let you know that we have been granted a significant amount of funding from The Department for Education Best Start in Life fund to expand and enhance our nursery provision. We underwent a thorough application process to secure this funding, and we're so grateful for the opportunity it provides to further improve our nursery for all our children and families now and in the future.

As part of these improvements, we will be extending the ages of children we support from 3-4 year olds to children from 6 months old. This will see the current layouts of our room and space around our current class transform into 3 brand-new spaces by expanding our current cloakroom, school office and surrounding area into a brand new baby unit as well as re-converting our current staff room into an additional nursery classroom.







Our Nursery Sessions

Sparhawk Nursery is open from 8.00am-5.15pm for 50 weeks on an all year round basis for children aged from 6 months to 4 years old.

As you are aware, since September 2025, Stepping Stones Day Nursery and Sparhawk Infant and Nursery School have been working in partnership over the past year to deliver a new, collaborative nursery offer. This joint approach has been shaped by the needs and voices of our families, and we're incredibly proud of the year we have had offering our blended service. With a focus on child-centred learning, nurturing environments, and strong partnerships with parents and carers, providing a seamless nursery experience from morning through to evening, all year round.

NURSERY EVENING INFORMATION CONTINUED

Fee's - Our Hourly Rate
Our rates from September 2026 will be as follows:

0-2 Years Old: £11.00 per hour.
8am - 5.15pm Session: £101.75

2 Year Olds: £10.50 per hour.
8am - 5.15pm Session: £97.13

3-4 Year Olds: £10.00 per hour.
8am - 5.15pm Session: £92.50

With the annual increases in Living Wage rates, food and general running costs for the Early Years Sector, many settings charge families for "Additional Services" not covered by Government Funding - often known as a "Consumables Charge". We have worked really hard to continue to ensure a "Consumables Charge" is not implemented for funded sessions at present. Any changes of this will be with a month's notice.





Food Options

Snacks:
As a nursery we have a mid-morning and mid-afternoon healthy snack during each session. This will consist of healthy foods such as fruit/vegetables and a savoury item for example crackers, rice cakes or breadsticks.

Lunchtime:
Your child will have the option to have a packed lunch from home, which must be nut-free and include healthy food items with only one sweet item per day - chocolate bars and sweets are not permitted.

Evening Snack:
We will serve a healthy light evening snack option for all children staying beyond 4.00pm. This may be, for example, toast and fruit, or cheese, vegetables and crackers.

Allergies
As a nursery we are fully committed to supporting children with allergens and can cater for most allergies. Within your nursery pack there is information for you to complete to inform us of any allergies your child may have and we will then work with you to ensure their dietary requirements are met.

FOSSA BULLETIN

Latest Updates from FOSSA

2026 Challenge

CHECK OUT THE FOSSA Challenge booklet attached to this bulletin email to see everyone's fundraising efforts so far.

ADD TO YOUR CLASS TOTAL:

Mcnuff- Donate to McNuff

Backshall: Donate to Backshall

Earhart: Donate to Earhart

Attenborough: Donate to Attenborough

Disney:Donate to Disney

Wiltshire:Donate to Wiltshire





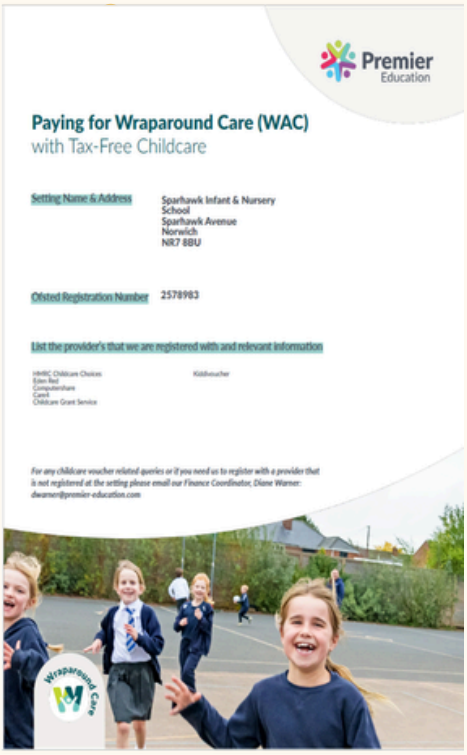


Premier Education











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MARTIAL ARTS EAST



KARATE CLASSES

We have after-school Karate classes available at Sparhawk School. This 12 week course is suitable for both beginners and students who have already trained in Karate.

Our team of experienced Black Belt instructors are fully qualified, fully insured, DBS checked and first aid trained.

We make sure our classes are fun, safe and an inclusive environment for all

Karate classes at
Sparhawk Infant School

will run on a
Monday from 3pm - 3:45pm

on the following dates:
7th, 14th, 21st & 28th September
5th, 12th, 19th October
2nd, 9th, 16th, 23rd & 30th November

The cost of the course is £96 (£8 Per Session) for 12 weeks of Karate training lessons. Please contact info@martialartseast.co.uk by Tuesday 1st September to make payment, book and give student details.

There is an additional Karate grading cost of £35 at the end of the term. This is **not** compulsory for course participants. The grading will be on the 7th December and you will be made aware if your child is ready. Further information to follow at a later date

Please Note: The grading is for graders only.

Terms and Conditions

The place on the course is only confirmed when it is paid for. Once the course has started, no refunds will be given for any payments that have been made. If you cancel your child's place on the course before the 1st week, or for any reason Martial Arts East have to cancel the course, a full refund will be issued.

07540 842889

info@martialartseast.co.uk
www.martialartseast.co.uk



NHS

Norfolk Healthy Child Service

Are you the parent or carer of a child or a young person aged 5 to 19 (19-24 with an Education, Health and Care Plan)?

Our school nurses work across education and health. They provide a link between school, home and community. This includes children and young people educated at home and in alternative settings.

Our aim is to improve the health and wellbeing of children and young people in these six areas:

- Relationships and sexual health
- Drugs and alcohol
- Smoking and vaping
- Oral health
- Living a healthy lifestyle
- Emotional wellbeing, resilience and self-care

Our school nursing team also provide:

- Hearing and vision screening - reception
- Measurement for height and weight - reception and Year 6

Speak to the school nursing team:



Call Just One Number on 0300 300 0123
Text Parentline on 07520 631590

To find out more visit www.justonenorfolk.nhs.uk or for young people aged 11-19 visit www.fyinorfolk.nhs.uk

Supporting every child, young person and family in Norfolk to flourish

Commissioned by Public Health, Norfolk County Council and provided by Cambridgeshire Community Services NHS Trust

Anguish's Educational Foundation

Help with the cost of School Uniforms



ID 17766982 © Sachidesign | Dreamstime.com

Do you need help with the cost of school uniforms for the new school year starting this September?

Do you live in the City of Norwich, Catton, Corpusty, Costessey, Hellesdon, Sprowston or Thorpe St Andrew?

Apply now

Due to high demand, applications received after 31st July may not get processed before the new school year starts.

Contact us to find out if we can help you.

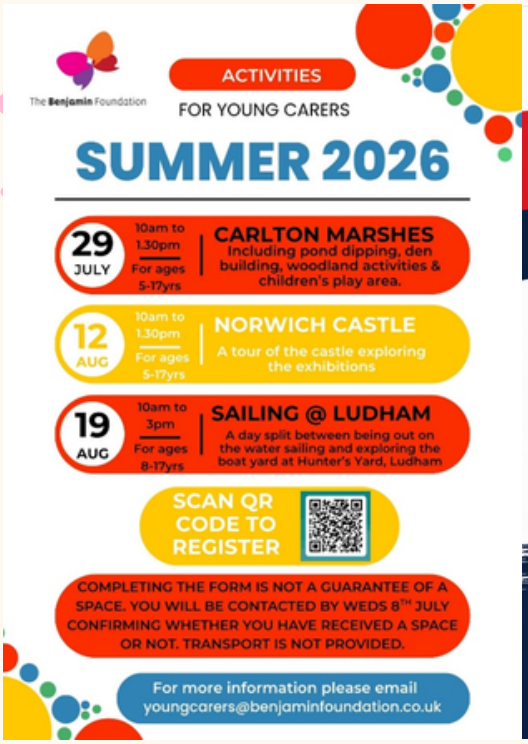
Email us: info@norwichct.org.uk

Or telephone and leave your name: 01603 621023

One of our friendly team will get back to you.

ANGUISH'S EDUCATIONAL FOUNDATION

ADVERTISEMENTS











Swans Booking link

ADVERTISEMENTS

Kids flourish Norfolk County Council

Norfolk Parent Carer Service

Summer Term Online Workshops

Eating Challenges Sunday 17th May 2pm - 4pm
Neurodivergent Teen Monday 1st June 10.30am - 12.30pm
Eating Challenges Friday 5th June 11am - 1pm
Neurodivergent Teen Sunday 7th June 2pm - 4pm
Sleep Challenges Wednesday 10th June 10.30am - 12.30pm
Parental Resilience Sunday 21st June 2pm - 4pm
Parental Resilience Wednesday 24th June 11am - 1pm
Managing Challenging Behaviours Friday 3rd July 11am - 1pm
Sleep Challenges Sunday 5th July 2pm -4pm
Managing Challenging Behaviours Sunday 19th July 2pm - 4pm

Scan here for booking form:

Join us online - just scan the code and choose your dates!

Email sally.macgregor@kids.org.uk for more info

Kids flourish Norfolk County Council

NEW! Self Care Sundays

Are you a parent carer of a young person (aged 0-18) with SEND? Would you like to take some time for your own wellbeing?

Join Grace for our free online Self Care Sunday session where we will focus on your wellbeing and find simple ways to bring a bit of calm into your day.

It is a low demand session, you can keep cameras and mics off so you can fully relax!

Next session: Sunday 28th June 7pm-8pm

Scan here to book!

Kids Disabled children say we can Registered Charity No. 275936 flourish Norfolk County Council

Norfolk Parent Carer Service Coffee and Connect

Wellbeing Session

Wednesday 1st July
10:30am-12:30pm

Join us at the Viking Centre in Sprowston for some time to discuss ways to recognise and build wellbeing and enjoy a chat and a cuppa with other parent carers

Email hayley.huckle@kids.org.uk for more info

Viking Centre
Tills Rd
Norwich
NR6 7QZ

Kids flourish Norfolk County Council

Norfolk Parent Carer Service

Run by Parent Carers for Parent Carers

Summer Holidays 2026

Redwings Horse Sanctuary
(Meet up) 30th July 11.30am -2.30pm
Long Stratton Family Hub Family Craft Session
PomPom Monsters & Sensory Bottles
5th Aug 10.30am - 12.30pm
Hunstanton Beach Hut
(Meet Up) 6th Aug 11.30am - 2.30pm
North Walsham Family Hub Family Craft Session
PomPom Monsters & Sensory Bottles
7th Aug 10.30am - 12.30pm
Drayton Family Hub Family Craft Session
PomPom Monsters & Sensory Bottles
12th Aug 10.30am - 12.30pm
King's Lynn Family Hub Family Craft Session
PomPom Monsters & Sensory Bottles
17th Aug 10.30am - 12.30pm
Albion Games Cafe Norwich Family Session
17th Aug 11am - 12.30pm
Thetford Family Hub Family Craft Session
PomPom Monsters & Sensory Bottles
19th Aug 10.30am - 12.30pm

Email sally.macgregor@kids.org.uk for more info

Scan here to book

Kids flourish Norfolk County Council

Dad's Time!

Are you a dad, stepdad, grandad or male carer for a young person (0-18 years) with SEND?

Then this is for you!
Come and join us at Albion Games Cafe in Norwich for a drink, gaming and connection with other parent carers.

Tuesday 14th July
7:30pm-9pm

Albion Games Cafe
21 St Benedicts Street
Norwich, NR2 4PF

Email hayley.huckle@kids.org.uk for more info

Places Leisure
Part of Places for People

Because Community Matters

Children's swimming lessons



Learning to swimbrings freedom,funand endless opportunitiesto create lifelong memories in and around water. Places Leisure follow the Swim England Learn to Swim Framework to deliver swimming lessons that build water confidence from the first splash for a lifetime of water safety and enjoyment.



Adult & Child



Preschool Ducklings



Stages 1 - 7



Private

To find out more, visit riverside.placesleisure.org
01603 671390

NORWICH City Council

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