WEEKLY BULLETIN

Friday 22nd May

Nursery

Reception

Year 1

CASTLE PAYMENT AND CONSENT- If you haven't made payment for the trip, you can do so on the Teachers2Parents app. The trip may not go ahead if there are insufficient funds. Also please complete the consent form if you haven't done so: Norwich Castle Consent

Year 2

WILTSHIRE SWIMMING- Reminder to have your swimming kit ready for Monday. Dates are 1st June and 8th June.

HAUTBOIS CONSENT- Please make sure medical and consent forms are completed and handed in to class teachers.

Main school

HEADS OF SCHOOL NEWSLETTER- Please find the latest head of school newsletter here.

LUNCH CHANGE- For the final summer term there is a lunch change to the Thursday on the week three menu, the menu will be what is advertised on the poster opposite. It will return to Taco's in September. Lunches are now available to order until the end of the academic year.

NORSE MENU SURVEY- share your thoughts and feedback on the current menu content. You can also share dishes that your child/children enjoy and also suggest future dishes. To take part in the survey please follow this link: Norse Group Spring/Summer Menu Feedback Survey

FREE FAMILY FUN SESSION AT WOODLAND VIEW- please find in the advertisement section details of a family fun session held at Woodland View on Tuesday 26th May 10am-12pm.

PARENT QUESTIONNAIRE - Just in case you've missed it, please could you complete the parent questionnaire, before 12pm on Tuesday 26th May 2026. If you've already completed it, your responses have been saved, thank you. Sparhawk Infant and Nursery School- Parent Questionnaire

JOB VACANCY- We are seeking a caring, reliable and enthusiastic **Breakfast and After School Club Assistant** to join our team at Sparhawk Infant School for 4–7-year-olds. This role will help provide a safe, fun and nurturing environment for our pupils beyond the school day.

The play assistant will be responsible for leading play-based activities and supporting with the provision of a healthy breakfast or after-school snack. The ideal candidate is someone who enjoys working with children, is proactive, and thrives in a busy, hands-on setting. Hours of work, 7.30 – 8.30am and 3.00 – 5.30pm, Monday to Friday (job share possible).

This role may be suitable for a young worker (age 16+) currently studying a childcare course.
If you would like to apply, please follow the link: Wraparound Care Play Assistant



Attendance

- It can be tricky deciding whether or not to keep your child off school so you can always check the NHS website- Is my child too ill for school? https://www.nhs.uk/live-well/is-my child-too-ill-for-school/ for additional support and information about school attendance you can visit Just One Norfolk JustOneNorfolk-Attendance
- Reminder that if your child experiences sickness or diarrhoea, they cannot return to school until 48 hours after the last episode of sickness/diarrhoea. Absences must be reported by our absence line by 9.00 am each day your child is absence from school (01603 406406 option 1) Please do not send absences messages on Tapestry or email.

What's coming up soon:

Return to School- Monday 1st June

FOSSA DISCO's- Wednesday 3rd June (see FOSSA page for times)

Year 1 Norwich Castle Trip- Wednesday 10th June

Sports Day and FOSSAFEST 26- Friday 26th June

New Reception intake Open Evening- Friday 30th June

For all calendar dates please see the website: Sparhawk Calendar – Click link to full calendar if you cannot see future dates

Friends of Sparhawk School Association
Registered Charity Number 1096703





ADD TO YOUR CLASS TOTAL:

Mcnuff- Donate to McNuff

Backshall: Donate to Backshall

Earhart: Donate to Earhart

Attenborough: Donate to Attenborough

Disney: Donate to Disney

Wiltshire: Donate to Wiltshire







BOOK DISCO TICKETS HERE!





Premier Education

New! Book today:
[After school Football Club]



FOOTBALL CLUBS AT YOUR SCHOOL!

Venue:	Sparhawk Infants School
Dates:	Fridays W/c 1st June - W/e 10th July
Times:	15:00 - 16:00
Price:	Just £6.60 per session!
Ages:	R-Y2
Additional info:	

Adored by millions of fans and loved by children across the country, football is our most popular extracurricular club activity.

Every single one of our school club sessions are delivered by highly-trained activity professionals, who look to share their passion and energy for sports and activity.

Book now for an extracurricular club they will never forget.

> The coaches are fantastic. We have been to other football clubs but we feel this one is the best!
>
> Faye - Parent

CLUBS ARE BETTER WITH FRIENDS!

TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

*Ts&Cs apply. Refer a Friend discount on new bookings only.

Premier Education



Premier Education

Paying for Wraparound Care (WAC) with Tax-Free Childcare

Setting Name & Address
Sparhawk Infant & Nursery School
Sparhawk Avenue
Norwich
NR7 8BU

Ofsted Registration Number 2578983

List the provider's that we are registered with and relevant information

HMRC Childcare Choices
Eden Red
Computershare
Care4
Childcare Grant Service
Kiddivoucher

For any childcare voucher related queries or if you need us to register with a provider that is not registered at the setting please email our Finance Coordinator, Diane Warner: dwarner@premier-education.com



Advertisements:

The Benjamin Foundation

Working in partnership with

Cecil Gowing Infant School · Falcon Junior School · Sparhawk Infant and Nursery

Parent Support Adviser (PSA)

Parenting can be hard and sometimes things can get tough.

As your Parent Support Advisor, I am here to listen and support your family and to deal with any issues or concerns you may be facing. I may not have all the answers, but together we can explore ways forward.

These are just some of the things a Parent Support Adviser can offer support with:

- General support in areas such as SEND, Behaviour, Young Carers, Attendance, Mental Health, Physical Health, Housing, Finance, community engagement and much more
- Short and full referrals available as well as 1:1 drop-in sessions
- In-person meetings, home visits, over the phone or via Teams
- Information and signposting to services and other agencies available to support you and your family
- Foster positive relationships between home and school

If you feel that you would like to meet me for an informal chat my contact details are:

Julie Barnes
Parent Support Advisor and NIDAS Domestic Abuse Champion
Mobile: 07471033672
e-mail: Julie.barnes@benjaminfoundation.co.uk
Monday & Tuesdays, Term time only

The Benjamin Foundation

Find out more about The Benjamin Foundation by visiting our website: www.benjaminfoundation.co.uk

Reg. Charity No. 1124936

family hubs

Marvellous May half term

FREE Family fun activities

Join us this May half-term for some memory making fun, Enjoy:

- Crafts
- Field Games
- Scavanger hunt
- Sensory play and more

This session is free for families and open to children of all ages.

When: Tuesday 26th May

Where: Woodland View Junior School, Ivy Rd, Spixworth, Norwich NR10 3PY - in the school hall and playground

Time: 10am - 12 noon

There is no need to book just turn up on the day and join in with lots of fun. Please note this is an event for all the family, so parents and carers must stay with their children.



BEST START IN LIFE

The Benjamin Foundation · Carers Matter Norfolk · The CARE Federation · Sparhawk Infant and Nursery

Young Carers Parent Workshop

Wednesday 17th June

2:45pm to 3:30pm

Sparhawk Infant and Nursery, NR7 8JE

Support available from your area Young Carers Education and Community Worker Rowena Cove, explaining the support available in your schools and local communities for Young Carers and their families



- Information available on local Young Carer groups and activities
- Information available about signposting for family support, eligibility for grants, housing and adaptions and one-to-one support through Carers Matter Norfolk

If you would like to attend please inform the school office: officesp@carefed.org.uk with the heading 'Young Carers Parent Workshop'.

Join us for a relaxed morning of chat and warm welcomes

SEND CAFE 'POUR AND PAUSE'

(FOR PARENTS/CARERS OF CHILDREN WITH OR WITHOUT A SEND DIAGNOSIS)

TUESDAY 2ND JUNE
9AM - 10.30AM

AT FALCON JUNIOR SCHOOL
(OPEN TO PARENTS/CARERS AT SPARHAWK SCHOOL AND CECIL GOWING SCHOOL ALSO)

Hosted by Julie Barnes - Parent Support Advisor

ISLTS

INDEPENDENT SPEECH & LANGUAGE THERAPY SERVICES LTD

WORRIED ABOUT YOUR CHILD'S COMMUNICATION? BOOK A FREE ADVICE SESSION

We understand that communication difficulties can impact a child's development, academic progress, social relationships, and emotional well-being.

Meet with an experienced Speech & Language Therapist for a free, 20-minute bookable advice session to discuss your child's needs, whether or not they have a diagnosis.

THURSDAY 28TH MAY 2026





What to Expect:

- FREE 20 MINUTE APPOINTMENT
- 1:1 MEETING WITH A SPECIALIST SPEECH & LANGUAGE THERAPIST
- GUIDANCE ON NEXT STEPS AND SIGNPOSTING TO SERVICES
- STAY AND PLAY FOR YOUR CHILDREN

SCAN HERE

CONTACT US TO BOOK YOUR FREE APPOINTMENT

Clinic: NO.14 THE CLOSE, NORWICH, NR1 4DZ

Phone Number: 01603 66 44 33

Email: office@islts.co.uk

Website: www.islts.co.uk

NHS

Norfolk Healthy Child Service

Are you the parent or carer of a child or a young person aged 5 to 19 (19-24 with an Education, Health and Care Plan)?

Our school nurses work across education and health. They provide a link between school, home and community. This includes children and young people educated at home and in alternative settings.

Our aim is to improve the health and wellbeing of children and young people in these six areas:

- Relationships and sexual health
- Drugs and alcohol
- Smoking and vaping
- Oral health
- Living a healthy lifestyle
- Emotional wellbeing, resilience and self-care

Our school nursing team also provide:

- Hearing and vision screening - reception
- Measurement for height and weight - reception and Year 6

Speak to the school nursing team:



Call Just One Number on 0300 300 0123
Text Parentline on 07520 631590

To find out more visit www.justonenorfolk.nhs.uk or for young people aged 11-19 visit www.fyinorfolk.nhs.uk

Supporting every child, young person and family in Norfolk to flourish

Commissioned by Public Health, Norfolk County Council and provided by Cambridgeshire Community Services NHS Trust

Kids

flourish

Norfolk County Council

Norfolk Parent Carer Service

Summer Term Online Workshops

Eating Challenges Sunday 17th May 2pm - 4pm
Neurodivergent Teen Monday 1st June 10.30am - 12.30pm
Eating Challenges Friday 5th June 11am - 1pm
Neurodivergent Teen Sunday 7th June 2pm - 4pm
Sleep Challenges Wednesday 10th June 10.30am - 12.30pm
Parental Resilience Sunday 21st June 2pm - 4pm
Parental Resilience Wednesday 24th June 11am - 1pm
Managing Challenging Behaviours Friday 3rd July 11am - 1pm
Sleep Challenges Sunday 5th July 2pm -4pm
Managing Challenging Behaviours Sunday 19th July 2pm - 4pm

Scan here for booking form:

Join us online - just scan the code and choose your dates!

Email sally.macgregor@kids.org.uk for more info



Anguish's Educational Foundation

Help with the cost of School Uniforms



ID 172669149 © Snehitdesign | Dreamstime.com

Do you need help with the cost of school uniforms for the new school year starting this September?

Do you live in the City of Norwich, Catton, Corpusty, Costessey, Hellesdon, Sprowston or Thorpe St Andrew?

Apply now

Due to high demand, applications received after 31st July may not get processed before the new school year starts.

Contact us to find out if we can help you.

Email us: info@norwichct.org.uk

Or telephone and leave your name: 01603 621023

One of our friendly team will get back to you.

ANGUISH'S EDUCATIONAL FOUNDATION

NATIONAL TENNIS ASSOCIATION

JUNIOR TENNIS CAMP

Reepham Tennis Club
Hellesdon Community Tennis
Taverham Tennis Club

25 - 29 May 2026
9-11:30am / 12-2:30pm
5-10 / 11-15 years

Action packed holiday camps with team challenges, tennis skills, games and prizes.



SCAN THE QR CODE TO BOOK OR CLICK ON THE LINK BELOW

HTTP://NATIONALTENNIS.ORG.UK/CAMPS/NORFOLK

CONTACT FOR FURTHER INFORMATION- HELLO@NATIONALTENNIS.ORG.UK

LTA YOUTH

TOP TRACKS



Giant Train Play Experiences for ages 2-8

Build, play and explore in a world of tracks

Parent supervised • Child-led play



Norwich • Town Close School
Sunday 28 June

70-minute sessions

Book Now - Limited spaces

buytickets.at/toptracks

http://facebook.com/toptracksevents

THE WARREN
BARCHESTER HEALTHCARE

Join us as we feed the...

BABY LAMBS



Wednesday 27th May • 2.30pm

Join us at The Warren Care Home as we'll be feeding baby lambs by the bottle in the garden (Weather Permitting)
For further information, please get in touch with Kirstie or Chloe
warren.activities@barchester.com

Warren Care Home
157a Wroxham Road, Sprowston , Norwich, Norfolk, NR7 8AF
Tel: 01603 426170 • www.barchester.com

THE WARREN
BARCHESTER HEALTHCARE

Residential Care • Respite Breaks

CURIOUS KIDS

MAY HALF TERM

Sandringham
ROYAL ESTATE

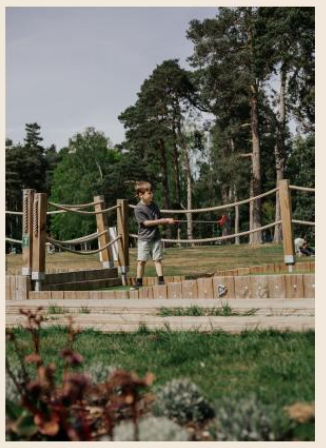
Join us at Sandringham Estate for an adventurous May half-term of mini-golf, family archery and forest school!

MINI GOLF

Sat 23rd May -
Sun 31st May

Slots available
from 10am - 4pm
Adults - £8
Ages 5-15 - £7
Under 5 - £5





NEW FREE EXHIBITION

Celebrating the centenary of Queen Elizabeth II's birth in the Sandringham Arboretum.

HOUSE AND GARDENS TICKETS

Don't forget children 16 years and under receive free access to Sandringham House and Gardens.

FOREST SCHOOL

Tue 26th May
Wed 27th May
Thur 28th May

10.30am - 12pm
£12 per child
Adults free.

FAMILY ARCHERY

Sun 24th May
Sun 31st May

30 minute slots
available from
10am - 3.30pm

£35 for 6 people



All activities are bookable on our website www.sandringhamestate.co.uk

---

Picture house | Ribena

OUTDOOR CINEMA

MOVIES IN THE MOONLIGHT

WHITE HOUSE FARM
NORWICH

MAY 22 - 25

GREASE
WALLACE AND GROMIT:
THE CURSE OF THE WERE-RABBIT
PADDINGTON 2
JURASSIC PARK

BOOK NOW

PICTUREHOUSES.COM/OUTDOOR



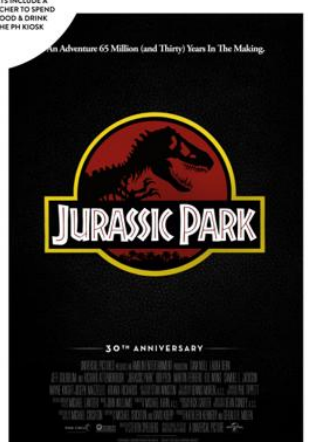


Picture house AT White House Farm

OUTDOOR CINEMA
22 - 25 MAY

TICKETS INCLUDE A £7 VOUCHER TO SPEND ON FOOD & DRINK AT THE PH KIOSK





TOTS2TEENS



BIRDS, BUGS AND BOOKWORMS FAMILY FUN DAY

Saturday 23 May 2026

Broadland Country Park
NR10 4DF

£5 per family

Scan me

The Benjamin Foundation

ACTIVITIES
FOR YOUNG CARERS

SUMMER 2026

29 JULY	10am to 1.30pm	For ages 5-17yrs	**CARLTON MARSHES** Including pond dipping, den building, woodland activities & children's play area.
12 AUG	10am to 1.30pm	For ages 5-17yrs	**NORWICH CASTLE** A tour of the castle exploring the exhibitions
19 AUG	10am to 3pm	For ages 8-17yrs	**SAILING @ LUDHAM** A day split between being out on the water sailing and exploring the boat yard at Hunter's Yard, Ludham

SCAN QR CODE TO REGISTER

COMPLETING THE FORM IS NOT A GUARANTEE OF A SPACE. YOU WILL BE CONTACTED BY WEDS 8TH JULY CONFIRMING WHETHER YOU HAVE RECEIVED A SPACE OR NOT. TRANSPORT IS NOT PROVIDED.

For more information please email
youngcarers@benjaminfoundation.co.uk





Research Study – Parents Invited to Take Part

A postgraduate researcher from the University of East Anglia is inviting parents with an immigrant background to take part in a short online study. The research explores experiences of moving to and settling in the UK including feelings of belonging and everyday challenges, and how these experiences may relate to young children's behaviour and emotional development. There are two versions of the survey depending on your child's age.

We are looking for parents/carers who:

- Live in the UK
- Are first- or second-generation immigrants
- Have a child aged 1.5–3 years or 4–7 years
- What does participation involve?
- One anonymous online questionnaire
- Takes around 10–15 minutes
- Can be completed on a phone, tablet, or computer
- Optional entry into a £30 prize draw as a thank you

Please use the relevant link below:

For children aged 4–7 years: https://app.onlinesurveys.jisc.ac.uk/s/ueapsych/childhood-survey-4-7-years-duplicate

For children aged 1.5–3 years: https://app.onlinesurveys.jisc.ac.uk/s/ueapsych/toddler-survey-1-5-3-years-duplicate-2