# WEEKLY BULLETIN

Friday 10th July

## Main School Reminders

- **BIRDS OF DEREHAM-** Free to school ordering will then re-open Monday 7th September 2026, for delivery out to school week commencing 14th September.
- **SUMMER REMINDERS-** now the warmer weather is here, please ensure that sun hats are brought in every day. Sun cream should be applied before school and if cream needs to be reapplied during the school day, please label the bottle with your child's name and class. Sun cream cannot be shared between children, and staff are unable to administer sun cream but can offer guidance. Raincoats/jackets are also advised in case of unexpected showers!
- **KARATE CLASSES SEPTEMBER-** Martial Arts East will be continuing their Karate Class on a Monday in September. Please see the poster in advertisements for more details and how to book.
- **SEPTEMBER LUNCHES-** Lunches for September are now available to order on the App. Please have your order in by Friday 29th August otherwise you will need to provide a home packed lunch.

## Upcoming Events

Year 2 Hautbois Residential – Tuesday 14th -Wednesday 15th July

For all calendar dates please see the website: Sparhawk Calendar – Click link to full calendar if you cannot see future dates

## Local Advertising

The Sprowston Summer Fete is this Saturday (11th July between 1-5pm) at Sprowston Recreation Ground. Admission is Free!

Check out their poster on page 8.

## Attendance

- It can be tricky deciding whether or not to keep your child off school so you can always check the NHS website- Is my child too ill for school? https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/ for additional support and information about school attendance you can visit Just One Norfolk JustOneNorfolk-Attendance
- Reminder that if your child experiences sickness or diarrhoea, they cannot return to school until 48 hours after the last episode of sickness/diarrhoea. Absences must be reported by our absence line by 9.00 am each day your child is absence from school (01603 406406 option 1) Please do not send absences messages on Tapestry or email.

## We Need Your Help!

On Wednesday you may have seen an email regarding our project on developing our early years outdoor learning space. (see page 3 and 4)

If you are able to donate any materials or are able to help out over the summer please contact the school office: officesp@caredfed.org.uk

## Before and After School Care

We are exciting to share with you details of our before and after school care for September please check out page 5 for further details and how to book.

# CLASS BULLETINS

Latest Updates for your Year Group

## Nursery

Please see the Famly app for Open Evening details.



## Reception

No current Updates



## Year 1

No current Updates



## Year 2

- **DISNEY SWIMMING–** Reminder to have your swimming kit ready for 13TH July.
- **YEAR 2 LEAVERS ASSEMBLY–** Reminder that the leavers assembly is on Friday 17th July at 1:30pm and a polite notice that it is two adults per child for fire safety reasons.

# The CARE Federation

| Sparhawk Infant and Nursery | Spixworth Infant School | Woodland View Junior School |
|---|---|---|
| **Mrs C. Munday/Mrs F. Jackson** | **Miss N. Owen** | **Mrs H. Payne** |
| officesp@carefed.org.uk<br>01603 406406 | officesis@carefed.org.uk<br>01603898483 | officewv@carefed.org.uk<br>01603 898292 |
| Executive Head: Ms H. Jordan | | |

Wednesday 8th July 2026

Dear Parents and Carers,

We are thrilled to announce an exciting project for our reception children: the creation of a vibrant new outdoor learning space. This space will be a haven for exploration, creativity, and fun, allowing our young learners to engage with nature in a safe and stimulating environment. To bring this vision to life, we need your help!

We are seeking donations of materials such as bark, shingle, stones, and wood. These elements will form the foundation of our outdoor classroom, providing diverse textures and areas for play and learning. Additionally, if you can spare some time over the summer, your assistance would be invaluable. Whether it's helping to construct the space or lending a hand with bringing the design to life, your involvement will make a significant difference.

Together, we can create an amazing outdoor learning environment that will inspire and nurture our children's curiosity. Thank you in advance for your generosity and support. Please contact us to discuss how you can contribute. We look forward to working with you to make this project a reality!

Warm regards,

Mrs Jackson, Mrs Munday and the EYFS team.

# Help Us Build an Outdoor Wonderland for Our reception classes

We are thrilled to announce an exciting project for our reception children: the creation of a vibrant new outdoor learning space similar to the image below. To bring this vision to life, we need your help!
We are seeking donations of materials such as bark, shingle, stones, wood stain and wood. These elements will form the foundation of our outdoor classroom, providing diverse textures and areas for play and learning.

If you can spare some time over the summer, your assistance would be invaluable. We would love your help to construct the space - your involvement will make a significant difference.




Parental volunteers needed!
Email: officeSP@carefed.org.uk

Sparhawk Infant and Nursery
Nurture • Grow • Shine

# THE ARC

## THE CARE FEDERATION BEFORE AND AFTER SCHOOL CARE

BEFORE AND AFTER SCHOOL WRAPAROUND CARE FROM 7.30AM UNTIL 5.30PM BASEDATSPARHAWK.

THE NAME 'ARC' RECOGNISES THREE OF OUR VALUES: ADVENTURE, RESPECT AND COMMUNITY.
THE ARC IS A PLACE FOR FUN WITH FRIENDS, TO RELAX BEFORE OR AFTER A BUSY DAY AND TO BE CARED FOR AND NOURISHED.

WE OFFER EXCELLENT FACILITIES AND RESOURCES FOR CHILDREN FROM RECEPTION TO YEAR 2 TO ENJOY. MORNING SESSIONS INCLUDE BREAKFAST AND AFTER SCHOOL SESSIONS INCLUDE A LIGHT SNACK.



PRICING:
MORNING SESSIONS: £6:50
AFTERNOON SESSIONS:£8:50

CHILDCARE VOUCHERS WILL BE ACCEPTED (PLEASE CONTACT FINANCE@CAREFED.ORG.UK FOR MORE INFORMATION)

SESSIONS CAN BE BOOKED ON THE TEACHERS2PARENTS APP. WEEK COMMENCING 31ST AUG AND 7TH SEPTEMBER ARE READY TO BOOK!

PLACES SHOULD BE BOOKED IN ADVANCE. ONCE ENROLLED WITH THE ARC, SHORT NOTICE PLACES CAN NORMALLY BE PROVIDED. A REGISTERATION FORM MUST BE COMPLETED BEFORE YOUR CHILDS FIRST SESSION THIS IS AVAILABLE FROM THE SCHOOL OFFICE AND THE SCHOOL WEBSITE

## MEET THE TEAM



MRS SAWICKI
THE ARC LEADER



MRS SPELMAN
THE ARC TEAM MEMBER



MRS HALLIDAY
THE ARC TEAM MEMBER



MRS ALBARN
THE ARC TEAM MEMBER





## Our Menu

CHECK OUT THE ARC BREAKFASTANDAFTERSCHOOLMENU ON OUR WEBSITE.

BREAKFAST INCLUDES ITEMS LIKE CEREAL, TOAST AND YOGURT AND AFTER SCHOOL SNACK INCLUDES ITEMS LIKE PASTA, BAGELS AND CRACKERS.

ALLERGIES CAN USUALLY BE CATERED FOR BUT THIS MUST BE DISCUSSED IN ADVANCE.

# FOSSA BULLETIN

Latest Updates from FOSSA



Premier Education









**FOOLHARDY CIRCUS | THE GREAT KOMODO DANGER SHOW**

# FREE LASER TAG, ZORBS & GAMING

**FREE INFLATABLES & OTHER ACTIVITIES | FUNFAIR**

**PLUS STALLS SELLING GIFTS, SWEETS, HANDMADE CRAFTS, POCKET MONEY TOYS**

Sprowston Town Council

Recreation Ground Road car park is disabled parking only. Free parking (500m walk) available at the Diamond Centre, NR7 8TR. Edwards Road car park will be CLOSED.

PLEASE NOTE: Some stalls may be cash only

# ADVERTISEMENTS

MARTIAL ARTS EAST



## KARATE CLASSES

We have after-school Karate classes available at Sparhawk School. This 12 week course is suitable for both beginners and students who have already trained in Karate.

Our team of experienced Black Belt instructors are fully qualified, fully insured, DBS checked and first aid trained.

We make sure our classes are fun, safe and an inclusive environment for all

Karate classes at
***Sparhawk Infant School***

will run on a
***Monday from 3pm - 3:45pm***

on the following dates:
*7th, 14th, 21st & 28th September*
*5th, 12th, 19th October*
*2nd, 9th, 16th, 23rd & 30th November*

The cost of the course is £96 (£8 Per Session) for 12 weeks of Karate training lessons. Please contact info@martialartseast.co.uk by Tuesday 1st September to make payment, book and give student details.

There is an additional Karate grading cost of £35 at the end of the term. This is **not** compulsory for course participants. The grading will be on the 7th December and you will be made aware if your child is ready. Further information to follow at a later date

Please Note: The grading is for graders only.

Terms and Conditions

The place on the course is only confirmed when it is paid for. Once the course has started, no refunds will be given for any payments that have been made. If you cancel your child's place on the course before the 1st week, or for any reason Martial Arts East have to cancel the course, a full refund will be issued.

07540
842889

info@martialartseast.co.uk
www.martialartseast.co.uk




Open to everyone in Reception to Year 3. Fun, friendly and varied summer activity

Camps are kept small to create a friendly, supportive environment where every child is known, encouraged and included

All coaches are enhanced DBS checked, first aid and safeguarding trained and groups are kept small

Hethersett Youth Club, Back Lane Hethersett, NR9 3JJ

8:45am to 15:15pm

NHS

## Norfolk Healthy Child Service

**Are you the parent or carer of a child or a young person aged 5 to 19 (19-24 with an Education, Health and Care Plan)?**

Our school nurses work across education and health. They provide a link between school, home and community. This includes children and young people educated at home and in alternative settings.

Our aim is to improve the health and wellbeing of children and young people in these six areas:

- Relationships and sexual health
- Drugs and alcohol
- Smoking and vaping
- Oral health
- Living a healthy lifestyle
- Emotional wellbeing, resilience and self-care

Our school nursing team also provide:

- Hearing and vision screening - reception
- Measurement for height and weight - reception and Year 6

### Speak to the school nursing team:



Call Just One Number on 0300 300 0123
Text Parentline on 07520 631590

To find out more visit www.justonenorfolk.nhs.uk or for young people aged 11-19 visit www.fyinorfolk.nhs.uk

**Supporting every child, young person and family in Norfolk to flourish**

Commissioned by Public Health, Norfolk County Council and provided by Cambridgeshire Community Services NHS Trust

## Anguish's Educational Foundation

## Help with the cost of School Uniforms




ID 172660182 © Sachidesign | Dreamstime.com

Do you need help with the cost of school uniforms for the new school year starting this September?

Do you live in the City of Norwich, Catton, Corpusty, Costessey, Hellesdon, Sprowston or Thorpe St Andrew?

**Apply now**

Due to high demand, applications received after 31st July may not get processed before the new school year starts.

Contact us to find out if we can help you.

Email us: info@norwichct.org.uk

Or telephone and leave your name: 01603 621023

One of our friendly team will get back to you.

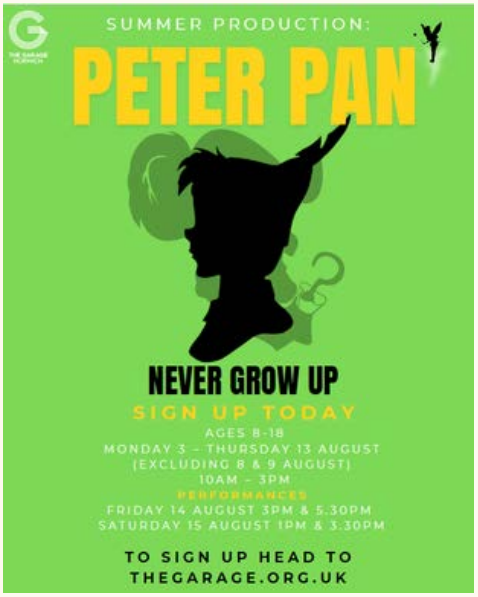
ANGUISH'S EDUCATIONAL FOUNDATION

# ADVERTISEMENTS



















Swans Booking link

# ADVERTISEMENTS


















Places Leisure
Part of Places for People

**Because Community Matters**

# Children's swimming lessons



Learning to swimbrings freedom,funand endless opportunitiesto create lifelong memories in and around water. Places Leisure follow the Swim England Learn to Swim Framework to deliver swimming lessons that build water confidence from the first splash for a lifetime of water safety and enjoyment.



Adult & Child



Preschool Ducklings



Stages 1 - 7



Private

To find out more, visit riverside.placesleisure.org
01603 671390

NORWICH City Council

Facilities managed by Places for People Leisure Ltd. in partnership with Norwich City Council