DESIGN AND TECHNOLGY KNOWLEDGE MAP

CAN YOU MAKE A NUTRITIOUS SMOOTHIE TO SELL AT AN EVENT?

COOKING AND NUTRITION – FRUIT SMOOTHIES







SKILLS I NEED:

- DESCRIBE FRUITS AND VEGETABLES AND EXPLAIN HOW TO IDENTIFY FRUITS.
- NAME A RANGE OF PLACES THAT FRUITS AND VEGETABLES GROW.
- DESCRIBE BASIC CHARACTERISTICS OF FRUIT AND VEGETABLES.
- PREPARE FRUITS AND VEGETABLES TO MAKE A SMOOTHIE.

Vocabulary

cut	To use a knife to make something smaller.
fruit	The part of a plant that has the seeds in.
ingredients	The foods needed to make a recipe.
juice	To get the juice out of a fruit or vegetable.
juicer	Something used to get juice from a fruit.
leaf	The flat green part of a plant that grows from a branch or stem.
root	Part of a plant that takes water and other things from the soil.
seed	New plants grow from it.
stem	The long, thin part of a plant that holds it up.
table knife	A tool used for cutting.
vegetable	Any part of a plant that you can eat.